

1/21/2010



**AAOMPT**  
**c/o Examination Committee**  
**12100 Sunset Hills Rd, Suite 130**  
**Reston, VA 20190**  
**Phone: 703-234-4116**  
**Fax:**

To the Applicant,

The following application to join the AAOMPT as a Fellow is intended for the physical therapists that have completed a manual therapy residency program in a IFOMT member country, and that meet the requirements described in this document. Applicants who successfully complete the portfolio process will be eligible to sit for the oral/practical examination. Candidates who failed a previous oral-practical challenge examination are eligible to re-take the examination one time.

A non-refundable processing fee of \$250.00 dollars must be submitted with your application in order for it to be reviewed and verified. Fee for the portfolio review is \$400.00 and must be submitted with the portfolio. When the portfolio is approved there will be a \$850.00 fee for the oral/ practical examination. Make the check(s) payable to AAOMPT. Those candidates who are re-taking the examination should submit a letter of intent but do not need to pay a processing fee, however there is a \$850 fee due August 1, 2011.

If accepted as a fellow, the dues are currently \$125.00 per year. Any member dues paid in the same year in which you become a Fellow will be credited towards you Fellow membership dues.

**There is a specified window for application by professional portfolio / examination.** Applications or a letter of intent, accompanied by the application fees must be received by the following dates:

**December 30, 2010 Letter of Intent with \$250.00 fee**

**February 1, 2011 Portfolio due with \$400.00 fee.**

**June 1, 2011** Candidates will be notified of the results of the portfolio review.

**October, 2011 Oral/Practical Examination with \$850.00 fee (specific date to be determined)**

**Note:** Do not duplicate or distribute this application packet. Specified portions of the applications, however, may be duplicated by the applicant as needed. Packets must be requested in writing from the Academy office by the individual who is applying for full fellowship.

Letter of Intent to Apply  
for the Fellow Examination

All letters of intent are due on or before December 30 2010

Name: \_\_\_\_\_  
Last First Middle

Address (Residence/Mailing)

\_\_\_\_\_  
\_\_\_\_\_

Address (Business)

\_\_\_\_\_  
\_\_\_\_\_

Phone (Home)

\_\_\_\_\_

Phone (Business)

\_\_\_\_\_

Fax

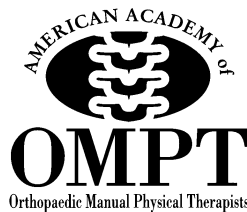
\_\_\_\_\_

E-mail

\_\_\_\_\_

I intend to complete the Fellow examination process.

*The application fee of \$250.00 must accompany this letter.*



**Criteria for Admission to AAOMPT Fellow  
by  
Examination**

**1. Definitions**

- a. Experience in Orthopedic Manual Physical Therapy (OMPT) includes any work related activity performed as a physical therapist in OMPT. This may include clinical practice, preceptorship/mentorship, continuing education or independent study.
- b. Clinical Practice Hours, often referred to as Direct Patient Care (DPC) includes time spent in evaluation and treatment, consultation with other health care providers, patient education, rounds and discharge planning conferences.
- c. Years of Practice as a Physical Therapist refers to the time from the date of issue of the applicant's first license to practice physical therapy.

**2. Clinical Practice and Qualifications**

- a. To qualify for the examination, the physical therapist must (at the time of application):
  1. Currently reside in the United States
  2. Hold unrestricted licensure to practice physical therapy in one or more states, District of Columbia, Puerto Rico, or the U.S. Virgin Islands (provide a copy of current license)
  3. Be an AAOMPT member in good standing
  4. Submit a portfolio for review that the examination committee judges as acceptable
- b. A minimum of 10,400 hours (equivalent of 5 years) of practice as a physical therapist (post entry level) – these hours must be in orthopaedic/manual physical therapy, by the time of portfolio submission.
- c. Applicants must meet OCS requirements at the time of application for the challenge examination. Proof of successful certification of OCS must be supplied before admission as a Fellow (you must provide a copy of a letter from ABTPS stating that you have passed the OCS examination or a copy of OCS certificate).

3. **Educational Experience:** All applicants must complete item (a) and (c), the requirement for instruction in OMPT technique, as well as activities in one additional category.
  - a. 160 hours of **post professional** instruction in OMPT techniques and practices completed within the last 10 years. Training must include 100 hours spinal, 60 hours peripheral joints, and evidence of training in both axial and appendicular (spinal and peripheral joint) thrust techniques.
  - b. Academic courses
  - c. Clinical Residency/Fellowship, Preceptorship/Mentorship
  - d. Independent study
  
4. **Teaching Experience or Educational Services :** Applicants for the challenge examination must provide evidence of involvement in any two the following categories. Applicants for Professional Portfolio Review must provide evidence of involvement in category (a) and one other category.
  - a. Develop or teach continuing education, staff development or in-service programs for practitioners (provide copies of course outlines/description of the learning activity)
  - b. Develop or teach formal entry-level or advanced curriculum for physical therapy students. (Provide a copy of the course outline including learning objectives and course/lecture description. Do not send the entire course manual!)
  - c. Develop or teach practical or clinical education experience for entry level or post professional physical therapy students
  
5. **References**  
Provide 3 references including: 2 references from practicing physical therapists who have direct knowledge of the applicant's clinical practice; 1 reference from another licensed health care practitioner (MD, DO, PA, or NP).
  
6. **Case Report**  
A single case report must be presented in a publishable format used for JOSPT resident's case problem.
  1. It must involve a patient with a spinal disorder.
  2. It must require that a manual intervention to the spine is utilized and with a detailed description of the technique used.
  3. The selected case report must utilize the current literature to support decisions for patient examination, intervention and comprehensive patient management.
  4. The selected case report must have a comprehensive literature review of the evidence for manual therapy related to the type of case.
  5. Please review a recent issue of the Journal of Orthopaedic and Sports Physical Therapy for examples of resident's case problem and the editor's instructions for authors. Also, please utilize the following text to assist you in writing your case: *Writing Case Reports, A How-To Manual for Clinicians*. McEwen, Irene, APTA, Alexandria, VA
  
7. **General information regarding the Fellow Examination:**  
**Purpose:** The purpose of the oral-practical examination is to determine the Orthopaedic Manual Physical Therapist's level of competency by

testing the examinee's knowledge base (oral examination) and psychomotor skills (practical examination).

**Examinee:** Is a licensed physical therapist who has satisfied the requirements through a case study presentation and portfolio review to sit for the fellowship challenge oral/practical examination in orthopaedic manual physical therapy.

**Examiners:** Are currently a fellow of AAOMPT in good standing

**Examination:** This is an eclectic examination but its principals and practice will be based on the theoretical, practical, and clinical guidelines of the AAOMPT.(AAOMPT Standards rev.1999) and the scope is the Description of Advanced Practice in OMPT (DACP-OMPT)

**Examination/Description:** The oral/practical examination will ask questions will be divided into the following five body regions: Cervical, Thoracic/Costal, Lumbar/Pelvic, Upper Extremity, Lower Extremity

- Each region will have two (2) oral questions and perform practical demonstrations of examination and/or treatment techniques. This is accomplished in the following manner:

1. Envelopes will be randomly placed at each examination site . Each envelope will contain five sets of three questions.— the first two will be oral and the third practical.
2. Examinations will be conducted by experienced examiners who are Fellows of the AAOMPT. All questions/stations will be done at one table using three examiners. During multiple candidate examinations, there may be several duplicates of this done simultaneously in nearby locations but private enough to prevent security problems between stations.
3. The candidate shall begin the examination by selecting an envelope and will then select the first card they remove and so on.
4. The candidate will read the first oral question aloud and proceed to answer it. Upon completion of the first question, the candidate should then read the second question, indicating they are finished with the first question, and then answer the second question.
5. After answering the oral questions on the card, the candidate shall, read the practical question, and demonstrate the appropriate techniques on a live model.
6. This card for the first question is handed to one of the examiners and the candidate proceeds to the next question as outlined above.
7. The above procedure is repeated for each region until the candidate completes all of the questions in the major areas of interest.