



**FAQs — FREQUENTLY ASKED QUESTIONS
of
AAOMPT's FELLOW 10-YEAR RENEWAL PORTFOLIO**

These questions and answers are designed to facilitate your fellow renewal.

GENERAL COMMENTS:

1. The "Fellow" status in the AAOMPT is both a membership classification and a professional credential (FAAOMPT). The requirement for renewal of the AAOMPT fellow credential has been in effect since the beginning of the Academy.
2. Fellowship designations are awarded for a **ten-year term**. The ten years begins from the **date of completion of your fellowship** (originally called residency) program or **date** of the AAOMPT challenge/fellowship examination. The expiration date of your 10-year term is indicated on your AAOMPT Fellow certificate.
3. The deadline for receipt of your *application for fellow renewal* is **July 15**. This enables the Standards Committee to review the application and inform the AAOMPT by early September. The successful Fellow is then recognized in October of that year during the Opening Ceremony of the AAOMPT Symposium
4. You can renew any year before the expiration of your Fellow designation. The **latest date** for renewal application is **July 15 prior to the expiration date**. Please use the form "Fellow Renewal Application Form" available from the AAOMPT web site [Member resources – Fellowship Renewals]
5. Requests for a **one-year extension to complete the process** are due by **July 15** of each year. Please use the form "Fellow Renewal Extension Request Form" from the AAOMPT web site. We invite you to ask for an extension if you need a little more time to complete the criteria.
6. If you are **62 years old**, you can apply for "**Life Fellow**" membership in AAOMPT. This is granted to those 62 years and older who has been a member in good standing with AAOMPT for a minimum of 10 years. Please send a letter applying for "Life Fellow", which also includes your date of birth.
7. All of the renewal requirements must be **post-professional** activities and must have been completed in the **10 years prior to your renewal application** and **after the date of your eligibility** for Fellow status with AAOMPT.
8. Please give sufficient details of each piece of evidence you submit, including: full citation; hours of contact, dates of event or publication; credentials of presenters, full name of committee, etc.

9. The AAOMPT does not currently weight activities differently, and recognizes that some activities have demanded more hours than others.
10. Candidates are not required to submit documents or evidence to support: *Patient Care, Educational Development, Teaching, Scholarly Activities and Professional Service* categories with their summary forms. However, the AAOMPT Standards Committee will conduct random audits of Fellowship Renewal Forms. If a candidate is selected for an audit, s/he should be able to provide evidence of involvement in professional development activities such as transcripts, course content outlines, research abstracts, article reprints, letter of acknowledgement for volunteer work etc.

The five categories of professional development are:

- **Patient Care**
- **Educational Development**
- **Teaching**
- **Scholarly Activities**
- **Professional Service**

PATIENT CARE: 2000 hours in 10 years

Please identify the names of the facilities; locations; dates and the patient care hours. The hours can have occurred at any time in the last 10 years.

Q1. Can I count clinical supervision as patient care?

A. Yes. Direct (you are in the room) clinical supervision/mentoring of the physical therapy student or post-professional residency or fellowship student and the subsequent analysis and reflection of the patient interaction can be documented and counted as patient care.

Q2. Can I count marketing and presentations to doctors and insurance providers?

A. No, these are not considered patient care.

Q3. Can I count hours spent analyzing and distributing information on PT services and outcomes?

A. Yes, but please provide details. It should not provide the majority of your patient care hours.

EDUCATIONAL DEVELOPMENT: 300 contact hours in OMPT and related sciences
--

30 CEUs = 30 academic credits = 300 contact hours

The 300 hours is a minimum and must have occurred in the last 10 years

Q1. Can I count a class in animal PT or swimming re-education for seniors?

A. If the courses that you submit are not obviously linked directly to OMPT or related sciences, and you wish for them to be considered **please include an explanation for the reviewer.**

Q2. I have a total of 280 contact hours, will that be accepted?

A. The requirement is **300 hours**. You will need to file an extension, with a plan for obtaining the remaining 20 hours.

Q3. I completed courses as part of my transitional post-professional doctoral degree in PT. Will those be counted?

A. Yes, for a transitional DPT, and post-professional DSc and PhD if they meet the requirements of being related to OMPT and related sciences and are post-professional. Please document the number of **academic credits** and equivalent contact hours (typically 1 academic credit is the equivalent of 10-16 contact hours)

Q4. What are the OMPT-related sciences?

A. The AAOMPT Standards (1999) define OMPT related sciences and theoretical components of OMPT training as: communication and patient education in clinical management; scientific inquiry; clinical anatomy, neuroanatomy and neuro-physiology, clinical histology and biomechanics, applied medical series and applied exercise physiology.

Q5. I have taken structured home study courses, which have a written assignment or examination component and a certificate of completion. Can I count those?

A. Yes, especially those sponsored by PT organizations. If less formal, provide details of the instructor, credentials and method of evaluation of satisfactory completion.

Q6. Can I count the self-study hours I spend reading OMPT-related journals?

A. Although some States allow this method of continuing education for PT license renewal, the Standards Committee, while recognizing how important this is **does not** currently accept informal self-study hours.

<p>TEACHING: 300 contact hours</p>

Teaching examples include but are not limited to: seminar teaching; university courses; clinical teaching; continuing education and student supervision. These are typically paid services, whereas unpaid services are under the category of “professional service”

If you use the student supervision/mentoring hours in this category, they cannot be duplicated in the “patient care” category.

Please provide details of the topic, location, audience, dates and **contact hours**.

If audited, you would need to provide details of the course certificate, plus potentially course objectives, content and/or an example of the course handout.

FAQS - TEACHING ACTIVITY

Q1. I have been an adjunct faculty at a university for 8 years. Can this be counted?

A. Please list the actual contact teaching hours and titles of courses taught.

Q2. I teach yoga classes. Can these be counted?

A. Only if you can illustrate how your OMPT expertise is used in this teaching, i.e. teaching yoga to chronic low back pain patients, etc.

Q3. I act as a mentor in OMPT for a post-professional colleague. Can I count the hours spent in this activity?

A. Please provide accompanying details to include: name of mentee, hours and dates, effect of influence, examinations the student took, etc.

Q4. Once a year I give a one-hour presentation to my hospital health care professionals and administrators as to the scope and role of the OMPT theory and practice.

A. Yes, if it is part of your job description. If not and it is un-paid, it should be included in "professional service".

Q5. I teach 3 1-hour inservices per year in my PT clinic. Can I also count the hours of preparation, which is often 4-5 hours per presentation?

A. No. Only the 3 contact hours are counted.

Q6. I was a lab assistant (teaching and helping during the practical session) of an OMPT class of an AAOMPT-approved program. As the class was 20 hours with 50% practical, can I count 10 hours as teaching contact hours?

A. Yes. Please give the full citation of the class (course title, chief instructor and credentials, place, dates)

<p>SCHOLARLY ACTIVITY: 3 OMPT-related activities</p>

Three (3) OMPT related activities on different occasions and topics within the last 10 years, included but not limited to:

- Poster or platform presentations
- Invited speaker
- Publication in *non peer-reviewed* journal or newsletter
- Publication in peer-reviewed journal
- Author or editor of a book or manuscript reviewer

The definition of **scholarly activity** typically includes:

poster, platform and invited speaker presentations at formal professional conferences or events; professional writing as an author in peer reviewed and non peer reviewed journals; acting in the capacity of an editor for professional publications; acting as a reviewer of professional manuscripts or books.

A scholarly activity is normally assessed blindly by external reviewers.

Other acceptable scholarly writings include: a published "**Letter to the Editor**" or an accepted submission to *Articulations* as a "**Clinical Pearl or Research Pearl**."

Other forms of professional writing must be accompanied by an explanation to the reviewer as to how they fulfill this requirement. In order for other activities to be considered in this area, you must include an explanation that describes how this work was reviewed and formally or informally shared with the professional community, **i.e., Was it in the public domain?**

Activities **within a manual therapy group**, for example marking examination papers, reviewing papers, contributing to an "in-house" newsletter are **not considered** part of

the “scholarly activity” as they are not “in the public domain”. However if the newsletter is published and available to all by print or on a web site, etc, it is considered “scholarly”

Speaking engagements as an adjunct faculty member or guest lecturer at a university, as opposed to a professional presentation to a group of peers, are normally considered part of **teaching activities** and not in this “scholarly activity” category.

List the scholarly activity in citation format: include information on the following:

- What was the professional setting (conference, continuing ed. course etc.)?
- What was presented, your own work or the work of others?
- Who was the audience?
- Was the presenter subjected to any form of competitive process or review prior to presenting?

Please ask yourself:

- Does each example clearly fit in to one of the scholarly activity category?
- Are any events listed in other categories, i.e. teaching or professional service? You cannot duplicate the evidence in two or more categories.
- Do any examples of the scholarly work look like teaching and therefore should be in that category? If not explain why they fit in the “scholarly activity category.
- Scholarly activity is typically **unpaid**, with only travel or other expenses reimbursed.

FAQS - SCHOLARLY ACTIVITY

Q1. A “Clinical Pearl” and a “Research Pearl” were both accepted by the AAOMPT Articulations, and will be published **on line**, but not in print. Will they be accepted as scholarly activities?

A. Yes, and counts as 2 scholarly activities. Please provide a full citation for each and the date of acceptance or publication.

Q2. I had an article published in the newsletter of my OMPT group. The group is recognized by AAOMPT as an OMPT fellowship program. Can I count that?

A. The publication can be counted if it is in the **public domain**, i.e. it is posted on a web site and available to those outside of the OMPT group or was printed and widely distributed. If it was only seen within your OMPT group, it cannot be counted even if it was subjected to peer review.

Q3. I had a “letter to the editor” and a “book review” published in a peer-reviewed journal. Do each of these count as a scholarly activity?

A. Yes. Please provide the exact citation of each.

Q4. I am unsure if the following meet the criteria for “scholarly activity”:

- a) I have produced a videotape of OMPT assessment and treatment techniques to accompany my published book. Can I count these as two separate scholarly activities?
- b) I have produced and sell a DVD illustrating techniques of knee manual therapy techniques. Can I count that as a scholarly activity?
- c) I have produced a booklet and video, and a web-site link for patient guidance following discharge from PT. It describes self-mobilization techniques to

compliment the OMPT treatment they received, and includes references. Can I count each as a three separate scholarly activities?

- A. Please provide details so the committee can determine whether it is one or more scholarly activities, or part of a different category i.e. patient care or teaching.

Q5. I completed a thesis with my post-professional degree. Can I count that?

- A. Yes, if it was published or otherwise shared with the PT or OMPT community in a formal or informal manner (i.e. in the public domain)

Q6. I am a reviewer of fellowship projects within an AAOMPT-approved fellowship program. The fellowship student plans to submit their paper for publication. Can my review be counted as a scholarly activity?

- A. No. The reviewer needs to be a recognized reviewer for a peer-reviewed journal and/or the review process is external and blinded.

Q7. I gave 20 minutes of testimony before a State Legislative committee to defend the right of PT to practice manipulation. This material is available in the public domain and took 10 hours of my time to prepare. A peer reviewed it for accuracy prior to the presentation. Can I count this as a scholarly activity?

- A. This is usually seen as a “professional service” but could meet the criteria of a scholarly activity. Please provide details.

<p>PROFESSIONAL SERVICES: 5 different events</p>

Each calendar year of service with an event or on a committee is considered **one** event. The services occur as a result of your professional status as a PT or OMPT specialist, and are typically unpaid, but expenses may have been reimbursed.

Professional service to the *profession* includes but is not limited to:

- Participation in the legislative process on issues related to OMPT
- Assuming a leadership role(s) within the committees of AAOMPT, APTA, APTA Sections (Orthopaedics, Sports, etc.), and State chapters/districts (i.e. committee chair or committee member)

Professional service to the *public* is usually unpaid and includes but is not limited to:

- Community services: teaching to the public, etc
- PT to a school/college sports team
- Health fairs, fitness or scoliosis screening
- Provision of pro bono care

Q1. I have provided 3 hours per month of free PT to the homeless for the last two years. Does this count as two professional service events

- A. Yes. Please detail the name and location of the clinic.

Q2. I volunteered for 2 hours at the AAOMPT booth at the CSM meeting. Can this count as one professional service event?

- A. Yes. Please provide the date and location.

- Q3. I represented my AAOMPT program at the APTA's Residency/Fellowship Table at CSM. Can I count the time spent?
- A. No. This service was primarily to your organization rather than the profession.
- Q4. I provided volunteer help for one year in a review of compliance in documentation and Standards of Practice in several PTs clinics. Can I count this?
- A. If this did not lead to a paid position, or was not part of your job description, it may be. Please provide information, especially which group was using this information and its purpose.
- Q5. I have attended AAOMPT meetings, including the business meetings every year for the last 8 years. Does this count as professional service?
- A. We appreciate your regular attendance, but attendance counts as continuing education, not as professional service. Please consider joining a committee, which will be professional service.
- Q6. I gave **testimony** before a State Legislative Committee to defend the right of PT to practice manipulation. This material is published in the public domain and needed 10 hours of my time to prepare. A peer reviewed it for accuracy prior to the presentation. Can I count this as a scholarly activity?
- A. This is seen as a "professional service" but may also meet the criteria of a "scholarly activity". Please provide details.
- Q7. I gave testimony as an **Expert patient witness**. It required time to prepare including a literature review of current references. I received a fee but it did not pay for all the time spent.
- A. This meets the "professional service" criteria as consultative and expert aspects of our care. Please provide details to demonstrate that the time was primarily pro-bono.

If you have further questions, please contact the AAOMPT Standards Committee.
Our e-mail links are in "Articulations" and at www.aaompt.org

American Academy of Orthopaedic Manual Physical Therapists
Standards Committee
12100 Sunset Hills Road, Suite 130 Reston, VA 20190
(703) 234-4079
info@aaompt.org

See next pages for

- **Sample PORTFOLIO CATEGORIES**
- Excerpts from DASP 2008, chapter 4 — See last page.

SAMPLE PORTFOLIO CATEGORIES

1. PATIENT CARE: direct patient care or indirect through clinical supervision

Criteria	Cumulative Hours
1. Patient care - 2000 hours direct or indirect patient care over 10 years	
Gentle River OMPT clinic, Your town, USA. Staff PT 1996-2000; 1000 hrs in 1999	1000
Gentle River manual therapy clinic, Your town, USA. Clinical supervision PT students TNU 80 hours in 2000-2001	80
Jacots Hospital, o/p and neuro care 2001-2005 part time, 50% ortho/OMPT	2500
My Manual Therapy Clinic, Uptown, PA 2006-date part time, 100% OMPT	3000
TOTAL	>2000

2. EDUCATIONAL DEVELOPMENT: education contact hours must be in OMPT or related sciences, attendance at professional symposia, post-professional degree studies, structured home study courses with a certificate of completion,

Criteria	Cumulative Hours
2. Educational Development: 300 contact hours or 30 CEUs or 30 academic credits over 10 years.	
PHTY 503 Exercise Physiology; Advanced anatomy. Transitional doctoral degree, PTU Univ, Spring 2008 Each 3 academic credits = 48 contact hours x2	96 hrs
AAOMPT Conference, Salt Lake Oct 05; St Louis, MO Oct 2007; Seattle Conference Oct 2008 3 x16hrs	48 hrs
Manual therapy to the neck, J. Instructor PT, OCS, FAAOMPT, Intown, USA. April 13-15 2007. 21 hrs	21 hrs
Orthopaedic section, home study course; Diagnostic imaging; examination passed & certificate awarded.	15 hrs
CSM New Orleans 2004 (26 hrs); CSM San Diego Feb '06 (21 hrs), CSM Nashville, TN Feb 08 (21 hrs)	68 hrs
State Conf. April 2006 (Sahrman et al 13 hrs) State conference 2005 (Flynn et al, 7 hrs)	20 hrs
Evidenced based OMPT and research Jan 10-14 2007, University of GA, Jones PT, DSc	40 hrs
Pain and the brain, HT Bell PhD, Liletoen, OR May 14-15 2007	14 hrs
TOTAL	322 hrs

SAMPLE PORTFOLIO CATEGORIES

3. TEACHING: examples (included not limited too): seminar teaching, university course teaching, clinic teaching/instruction, student supervision

Criteria	Cumulative Hours
3. Teaching: 300 contact hours over 10 years.	
Organizer and Lead Instructor, Year Long Manual Therapy Course based on the OMPT Approach, Charlotte Town, VA 130 hours accredited by Virginia PT Association; 2005	130 hrs
Core Stability, Annual Virginia Physical Therapy Association, Invited Presenter, Virginia Beach, VA, 6 hours, April 2003	6 hrs
Instructor, Manipulation for Clinical Instructors, VC University, VA 13- hour course June 10-11 2006	13 hrs
Clinical instructor/mentor of orthopaedic residency students from APTA –accredited program, Sept–Dec 2008 32 hrs	32 hrs
Guest instructor, 3 rd year student, GA University, 2 hours per week, x 10 weeks for 2 semesters; basic manual therapy to the extremity joints Jan-Mar 2007 and Jan-Mar 2006	40 hrs
Manual Therapy to the TMJ; manual therapy to the thorax, 3 day-seminars, each taught two times with ABC Manual therapy education group. Nov 1-2 2004, Feb 2-4 2005, May 5-7 2006, Sept 22-24 2006	84 hrs
TOTAL	305 hrs

4. SCHOLARLY ACTIVITY: Three (3) OMPT related content presentations on different occasions and topics examples (typically no honorarium and included but not limited to): poster presentations, platform presentations, invited speaker, professional writing such as: peered or non-peered journal, editor of professional book or publication, author of professional book, reviewer/reader for journal, Clinical Pearl in articulations, etc.

Criteria	
4. Scholarly Activity	3 activities required
Platform presentation: Comparison of Clinical Test & Real Time Ultrasound Evaluation of Muscle Contraction in Patients with LBP, AAOMPT Symposium, Charlotte, Oct '04	1
Managing Knee Osteoarthritis with Exercise, Charity Hospital Clinical Outlet, 8:2 Feb 2005 – printed and also placed on hospital website	1
Aquatic Dynamic Lumbar Stabilization. AAOMPT Articulations clinical Pearl, Sept/Oct 2004 (10) 3 page 14	1
“Rehabilitation of Head and Neck Injuries in Athletes”, JMMT 2008 (16) 100-105	1

SAMPLE PORTFOLIO CATEGORIES

5. PROFESSIONAL SERVICE (to the profession or to the public):

Five (5) different events. Each calendar year is one event. Examples (included but not limited too): community participation in professional area, health fairs, PT to sports team, pro-bono care, state or national APTA committee involvement, AAOMPT active committee member etc.

Criteria	
5. Professional Service:	5 activities required
Membership committee, State PT Association; 1 year as chair; 2 years Oct 2005- Oct 2007	2
Legislation Day at the State Capitol, Mar 13 2008, organized by State PT Association	1
Scoliosis screening at local high school, each 6 hrs, Oct 3 2007	1
"Lifting strategies and fall prevention" inservice to employees and seniors at local Senior Center (pro-bono) 4 hours; Sat July 10, 2006	1

Appendix

The criteria for FAAOMPT renewal are recognized forms of professional development, and advocated by the AAOMPT.

Professional Development Criteria *(Adapted from OMPT DACP 1998, DASP 2008)*

- I. Professional Association Membership:**
Maintain current membership, or eligibility for membership, in the AAOMPT, APTA, and APTA Sections.
- II. Patient Care:**
 - A. Direct or indirect patient care of 2000 hours over ten years (*Effective 2005*).
 - B. Contribute to hospital or clinic database on delivery of PT services in OMPT settings (e.g., assist in gathering relevant data related to outcomes of PT services such as productivity, quality, and service measures).
 - C. Maintain/advance level of knowledge of current legislative/regulatory/medical-legal issues pertaining to OMPT practice and education.
- III. Educational Development**
 - A. Advance knowledge of current best evidence in diagnostic, prognostic, and intervention techniques, methods and theories relevant to the practice of OMPT through:
 1. Attendance at professional education in-services, seminars, and conferences
 2. Attendance at university academic courses
 3. Structured independent study
 4. Reading current literature, including ‘classic’ literature which has contributed to the evolution of OMPT
- IV. Teaching**
 - A. Contribute to the professional development of OMPTs or PT students through teaching in a university or clinical setting, serving as a clinical instructor, or serving as a mentor.
 - B. Educate other health care professionals/administrators as to the scope and role of the OMPT theory and practice.
- V. Scholarly Activity**
 - A. Contribute to the OMPT body of knowledge by publishing case reports, single case study design studies, clinical trials, or other clinically relevant research in peer-reviewed publications
 - B. Contribute to the OMPT body of knowledge by participation in scientific (e.g., platform or poster presentations)
 - C. Contribute to the OMPT body of knowledge by sharing observations/expertise through the writing of textbooks and book chapters, publishing in non-peer-reviewed publications, the creation of videos or other related activities.
- VI. Professional Service**
 - A. Contribute to the development of the profession and community by completing one or more of the following community services: teaching, health fairs, or provision of pro bono care.
 - B. Contribute to the advancement of the profession by completing one or more of the following professional services: participation in the legislative process on issues related to OMPT, or assuming a leadership role(s) within the AAOMPT, APTA, APTA components, including Sections (Orthopaedics, Sports, etc.), and state chapters/districts
- VII. Consultant**
Consult with peers, colleagues, other health care professionals, other community agencies, legislative, legal, and/or regulatory organizations.

If you have further questions, please contact the AAOMPT Standards Committee.

Our e-mail links are in “Articulations” and at www.aaompt.org

American Academy of Orthopaedic Manual Physical Therapists
Standards Committee
12100 Sunset Hills Road, Suite 130 Reston, VA 20190
(703) 234-4079
info@aaompt.org